# Hemostatic Products CDER

Nicole Verdun, MD
Medical Officer
CDER/ OHOP/DHP

## CDER Approved Drugs-Antifibrinolytics

- Off label- No specific indication for use with trauma
- Aminocaproic Acid
  - Indication: "Is useful in enhancing hemostasis when fibrinolysis contributes to bleeding."
- Tranexamic Acid
  - Indication: For the reduction of peri- and post-operative blood loss and the need for blood transfusion in patients undergoing cardiac surgery or total knee arthroplasty or total hip arthroplasty
  - Competitive inhibitor of plasminogen activation
  - Noncompetitive inhibitor of plasmin at higher concentrations
  - 10x more potent than Aminocaproic Acid in vitro

#### **CRASH-2** Trial

CRASH-2 Trial Collaborators. Effects of tranexamic acid on death, vascular occlusive events, and blood transfusion in trauma patients with significant haemorrhage (CRASH-2): a randomized, placebo-controlled trial Lancet, 2010: 376: 23-32

- Randomized controlled trial, 274 hospitals, 40 countries
- 20,211 adult trauma patients with or at risk of bleeding within 8 h of injury received tranexamic acid or placebo
- Primary outcome:
  - In-hospital death within 4 weeks of injury

#### Results, CRASH-2

- All cause mortality reduced with TXA (14.5% vs. 16%, RR 0.91, p=0.0035)
- Risk of death due to bleeding reduced with TXA (4.9% vs. 5.7%, RR 0.85, p=0.0077)
- Survival benefit occurred if TXA was given within 3 h of injury.
  - Increase in mortality due to bleeding in TXA group if treatment initiated >3h after injury (3.1% to 4.4%, p=0.0049)

#### Criticisms, CRASH-2

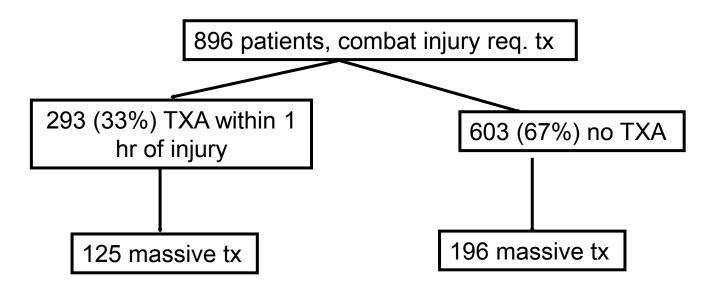
- Variability in countries with regard to trauma resuscitation and care standards, including blood product use
- Only 5% of patients had bleeding as a cause of death
- No data regarding fibrinolysis status on admission
- No data on injury severity
- No data on blood loss
- Only 50% of study cohort received blood transfusion
- Small number of patients with hypotension or tachycardia
- Small effect size (0.8% absolute reduction in death caused by bleeding)
- Lack of systematic AE reporting

#### Military Application of Tranexamic Acid for Trauma Emergency Resuscitation Study (MATTERs)

Morrison et. al. Military Application of Tranexamic Acid in Trauma Emergency Resuscitation (MATTERs) Study. Arch Surg. 2012: 147:113-119

- Retrospective observational study, 896 admissions with combat injury
- Comparison of TXA administration with no TXA in patients receiving ≥1 u PRBCs
  - Subgroup analysis (≥10 u PRBCs)
- Primary outcome:
  - Mortality at 24 hrs, 48 hrs, and 30 days
  - Influence of TXA on postop coagulopathy
  - Rate of thromboembolic complications

## MATTERs Study



#### Results, MATTERs

- TXA group lower mortality than no TXA group (17.4% vs. 23.9%, p=0.03) despite a higher baseline injury severity score (25.2 vs. 22.5, p=0.01)
- Benefit greatest in those receiving massive transfusion (14.4% vs. 28.1%, p=0.004)
- TXA independently associated with survival (odds ratio 7.228), less coagulopathy (p=0.003)
- Higher rates of VTE events in TXA group
  - Several factors make this assoc. difficult (small numbers of events, higher injury burden in TXA group)

### **CDER Hemostatic Agents**

- Antifibrinolytics seem to have some benefit in trauma settings, but the exact dosing, timing, and mechanism need further prospective evaluation
- Off label use, while not ideal, allows for use for trauma indications
- FDA and CDER are committed to the development of such agents, and encourage further study and new exploration